

JEDDAH

B-IT KENANAH JEDDAH (MALE)

26TH AUG

BODYPUMP
MASTERCLASS
AND **EDUCATION**

18.00-19.30

BODYATTACK
MASTERCLASS
AND **EDUCATION**

19.45-21.00

JEDDAH

AURA (FEMALE)

27TH AUG

MAIN STUDIO

**BODYATTACK
AND EDUCATION**

10.00-11.15

**BODCOMBAT
AND EDUCATION**

11.30-12.45

**GRIT STRENGTH
AND EDUCATION**

15.45-16.45

CYCLE

**SPRINT
AND EDUCATION**

13.00-14.00

**RPM
AND EDUCATION**

14.15-15.30

RIYADH

FIT FOREVER FITNESS RAWDA

26TH AUG

BODYPUMP
MASTERCLASS
AND **EDUCATION**

10.00-11.15

RPM MASTERCLASS
AND **EDUCATION**

11.30-12.45

BODYBALANCE
MASTERCLASS
AND **EDUCATION**

13.00-14.15

THE TRIP
MASTERCLASS

14.30-15.15