LesMills ARE YOU GETTING YOUR ROI FROM DIGITAL?

THE MODERN MEMBER EXPECTS Connection 58% of members report being highly motivated by the social aspect of attending the gym. 1

THE MODERN MEMBER MINDSET

"We want it all, and we want it now"

Convenience 80% of gym members want digital

offerings as a part of their workout plan post-pandemic. 1

Flexibility 84% of gym members also work out

at home. 1

Personalisation

63% of consumers now expect personalisation as a standard of service. ²

THE MODERN MEMBER BARRIERS ARE

No Support Without social support, the only thing keeping members coming back is willpower - and often that just isn't enough.

No Confidence Fear of failure and feelings of selfconsciousness can be major barriers for members becoming regulars.

No Fun Unless your new member is a gym veteran, chances are they won't know what they enjoy yet,

No Routine

or where to start.

three to six months.

exercise habits that stick.

Without a clear, achievable plan for their first six weeks, many routines fail to last more than

No Motivation A lack of motivation means little opportunity to make automatic

UNLOCK OMNIFITNESS

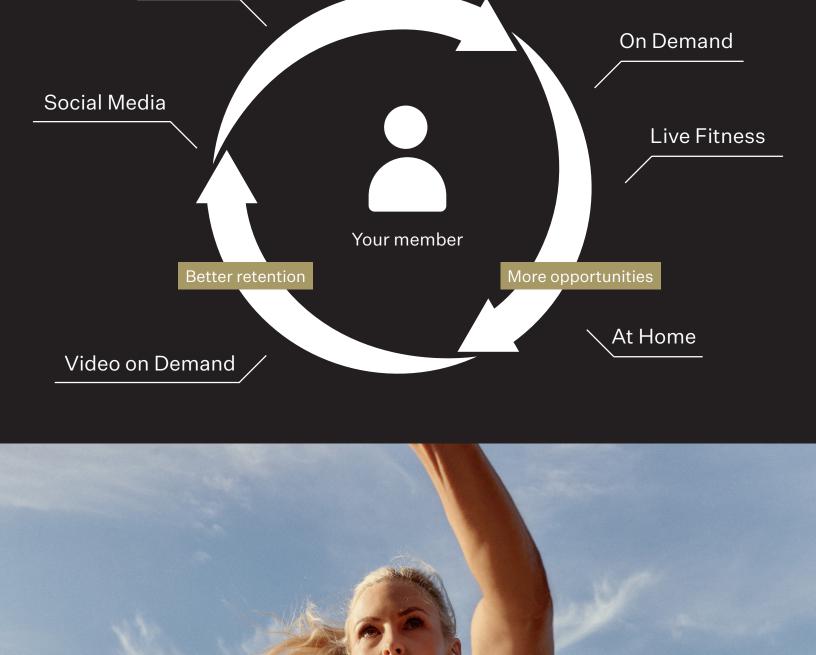
Break down barriers and meet the modern members' evolving expectations

Mixing live and digital fitness solutions to reach members anywhere, anytime.

More touchpoints

Club App

In Club



DIAL UP THE FLEX APPEAL, VIRTUALLY ANYTIME

68.5% of consumers tell us flexibility is a key reason they choose a virtual class ⁴

5 ways you win with Video on Demand:

any time.

Drive retention and acquisition by giving members flexibility to work out

Maximise your studio space in

Create an alternative instructor subbing

solution to future-proof instructor

Graduate VOD lovers to live group

fitness regulars.

WIN THE WAR ON RETENTION FROM INSIDE YOUR MEMBER'S HOME

96% of consumers who tried a digital workout from a club during lockdown said they would use that facility when it reopened 5

Unleash at-home fitness to break beginner barriers.

Member has time and comfort to

build technique

Member enjoys workouts and

develops confidence at their pace

New member tries group fitness in

a familiar environment

Member establishes a flexible

routine and habits that sticks

off-peak times.

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dependency.

YOUR TICKET TO MASS MEMBERSHIP

Reach the 80% who don't engage with gyms 6

Anyone with a smartphone is a potential

prospect for your club's digital memberships.

of non-gym going LES MILLS+

Les Mills classes in a club. 1

members are interested in trying live

Member finds workouts they love and wants to try in-club

FASTEST WAY TO OMNIFITNESS

DON'T FORGET YOUR MOST VALUABLE ASSET

strategy to ensure your club's success. MOTIVATED INSTRUCTORS.
MOTIVATED MEMBERS.
BETTER RESULTS.

Club membership growth for early adopters of digital fitness (2009-2019).3 02:03

Reach the 80% who don't engage with gyms 7

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References:

Five barrier-breaking steps to success:

DON'T COMPROMISE YOUR BRAND

when people visit your club.

Maximise motivation by ensuring your digital user experience matches the standards you set

MAKE MEMBER UPTAKE YOUR MISSION

communication and helpful guidance on ways members can make the most of what's on offer.

Break barriers of confidence with clear

JOIN THE DOTS 03 Supercharge a member's routine by offering digital versions of the workouts that members love doing in your club.

It's the people delivering your workouts that enhance the 'fun factor' and make members fall in love with your facility.

BE SURE TO ASK THE EXPERTS

Much like a new member journey, a lack of

The Les Mills team of industry experts are on hand to help devise the right digital

support can derail a club's road to omnifitness.

Les Mills On Demand Survey 2021¹, RedPoint Global survey 2019², European Health and Fitness Market Report 2020³, Les Mills Virtual Insights⁴, Alliance Leisure 2020⁵, Les Mills Global Consumer Fitness Survey 2019⁶, Les Mills Global Consumer Fitness Survey 2019⁶

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